

## What is abuse?

When someone hurts you, it can be called abuse. This is when someone does something to you that is harmful, unpleasant or painful like:

- If someone deliberately hits, hurts or injures you in different ways.
- If someone says or does something that makes you feel bad about yourself or hurts your feelings, which makes you feel scared, sad, frightened or upset.
- If someone shouts, threatens, hits or hurts someone you love whilst you are around.
- If someone doesn't take proper care of you so you feel alone or neglected. You might not be able to eat or wash regularly, or you might not be able to come to school every day or on time.
- If someone touches you in a way that you don't like (like touching your private parts) or makes you look at things which make you feel uncomfortable.

**Abuse is never ok and if you are being or have been abused, you must remember - it is not your fault.**

Never keep it a secret: always tell someone and they will help it to stop.

# childline

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111

## What will the adults do?

- We will do our best to spot if there is a problem. We have all had lessons on this.
- We will work with other people (including the people at home and people who work in other places) to help protect you and solve any problems you may have.
- We will listen to you if you want to talk to us. We will always take you seriously.
- We will support and encourage you and will respect your wishes and views.
- At West View Primary, you can talk to any member of staff, but there are a number of staff who are responsible for making sure you are safe and well cared for—these are called the Safeguarding Team and they wear yellow lanyards:

Headteacher and  
Designated Safeguarding Lead



Miss L. Furness

Deputy Designated Safeguarding Leads



Ms M. Clarke



Miss K. Tailford



Mrs N. Boagey

## SAFEGUARDING AND CHILD PROTECTION

### West View Primary School



This leaflet will give you information on keeping children safe.

All children and young people have the right to feel safe.

When we feel safe, we usually feel good about ourselves. We can relax, learn and enjoy life.

**Safeguarding is everyone's responsibility.**

## What is Safeguarding?

West View Primary School is our school and we want it to be a safe place. The adults here will do everything that they can to make sure that you are protected and happy.

This leaflet is intended to help you to understand what safeguarding means and to help you decide what could be a 'problem' and whom you should talk to.

Safeguarding means that the adults in school:

- Protect you from harm.
- Make sure nothing stops you from being healthy.
- Make sure you are safely looked after.
- Make sure you have the best life chances and can grow up happy and successful.
- Make school a friendly and supportive place to be.
- Be there for you to talk to.
- Give you safe messages in your lessons to help you learn how to look after yourself both online and in the real world.
- Have the right rules in place to help look after you.
- Model the right rules to you all of the time.

**If you, or someone that you know, is in immediate danger, you should call the Police on 999.**

## What should I do if I think I need help?

***Do not be scared to tell someone straight away because we will always listen!***

It is important that you know...

- It is never your fault if someone is hurting or abusing you.
- There is always someone who can help you.
- If someone is hurting you, they might also be hurting someone else so it is important that you tell someone to make it stop.
- Every child should enjoy their right to a happy and safe childhood.
- If you feel an adult has not listened, share this with them.
- There are safeguarding leads in our school who you can share with that you did not feel listened to.

The people in charge of safeguarding at West View wear [yellow lanyards](#).



## Tips for keeping yourself safe.

- Secrets such as surprise parties are fun, but some secrets are not good and should never be kept. No-one should ask you to keep a kiss, hug or touch a secret.
- Presents are a good thing to get but you should not take a present from anyone without checking with your adult first. Sometimes people try and trick children into doing something by giving them presents .
- Computers and mobile phones help us to share things and talk to our friends or family, but they can also make it easier for bullies. It is important to know how to keep yourself safe when online.
- Privates are private!** Always remember that your body belongs to you. No means no and you always have the right to say 'no' - even to a family member or someone you love.



### What are the NSPCC Pants rules?

Privates are private

Always remember that your body belongs to you

No means no

Talk about secrets that upset you

Speak up, someone can help