

West View Primary School

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Headteacher: Miss L. Furness

Dear Parents/Carers,

HEAD LICE - ADVICE FOR PARENTS

We have had an outbreak of head lice in your child's class. There is no need to panic. This is an extremely common problem unrelated to poor hygiene. Fortunately, treatment is simple and effective.

The ways in which you can help:

1. **Comb your child's hair thoroughly twice a day, particularly before bedtime. This injures any lice that may have transferred to their head during the day and once injured, a louse always dies.**
2. **Inspect your child's head regularly (at least twice a week) using a fine toothcomb and wet combing method.**

If you find that your child has head lice, please check the rest of the family and take appropriate action for all infested members with a lotion which is available free from your chemist or from your General Practitioner.

It is also important that you tell people about your child having head lice so that they can also be on the lookout. **The only way to eradicate these lice from our community is for everyone to be aware and to take appropriate action.**

If you would like to discuss this matter with a school nurse, they are available for advice and support at the University Hospital of Hartlepool - please ring 01429 522718 from Monday - Friday. Alternatively, if you would like to discuss this matter further, please speak to a member of staff at school.

For further information, visit: <https://www.nhs.uk/conditions/head-lice-and-nits/>

Yours Sincerely,



Miss L. Furness
Headteacher

